

## Notice of Race (part two) Event Five 2010

### 10 ] **Date and Location.**

- 10.1 ] Event **Five** of the 2010 series.  
South West Windsurfing training will be held on Saturday August 21st  
Course Racing will be held on Sunday August 22nd
- 10.2 ] The location for this event will be at. Stithians Lake, Menherion, Redruth,  
Cornwall, TR16 6NW.  
See website -  
<http://www.swlakestrust.org.uk/leisure-activities/camping/stithians-lake>

### 11 ] **Local conditions.**

- 11.1 ] There are extensive camping, 'vanning and tenting pitches on site but no electric hook-up. To book a pitch, ring
- 11.2] Snacks are available on site but no camp shop or similar facilities near the sailing centre. There is a pub near the main entrance to the lake which serves meals. If you prefer not to eat at the pub, please should be sure to bring adequate food and drink.
- 11.3 ] Please park tidily and do not block access to the water .
- 11.4 ] The Rigging and Launching area is the beach to the right of the jetty or off the beach in the camping area.
- 11.5 ] The wearing of **BUOYANCY AID** is mandatory for **JUNIORS** whilst afloat.

### 12 ] **Directions.**

- 12.1] From Redruth take the B 3297 towards Helston. Stithians Lake is clearly signed from this road.

Please report to reception before pitching.

Note. The South West Lakes Windsurfing Rally will take place on the 28<sup>th</sup>, 29, and 30<sup>th</sup> of August. You will be able to camp and use the lake during the week. Please book your Camping and Rally participation through South West Lakes on 01209 860301